

What's Different Now

Source: BrainLine.org (Produced by Victoria Youcha and Brian King)

Video Link: <http://www.brainline.org/content/multimedia.php?id=2389>

Kelli Gary: What is different about me now is that I do have full realization of what I can and cannot do. I know my limitation areas, and I've learned how to compensate for those deficit areas. I still have short-term memory problems. But then I know that I have to write everything down. So I live by my datebook or, you know, I live by those things. I knew that if everything is in chaos, you know, where I'm staying or where I study or where I am then I won't be able to find anything. Hence, clean up your room. Don't be as messy. You know, organize things better. And so everything I do I organize. I make sure that there's some sense of order to it because it helps me to think a lot easier and helps my processing a lot better.