

Dr. Juan Carlos Arango-Lasprilla Talks About the Importance of Family in Hispanic Culture

For the Hispanic culture for us family is very important and one of the things that we think with a family member have a brain injury or have a illness we think that there is not anybody that can provide the best care for my family member than me, and usually it's very common when you have a brain injury or a spinal cord injury that you see at the hospital 20, 50, 60 people over there trying to help the person you know working, doing some rehabilitation exercises with the patient, talking with the patient, just some company all of the time and I think it is very important for our culture to have this, this family in the moment that you really, really need help and I think the family is one of the I would say is the biggest provider of care for people from the Hispanic background.

And usually in our culture we don't just consider family, the immediate family, we consider cousin, nephews, everybody as part of our family. People in the community I can tell you when my brother had the TBI the doctor said that he won't be able to walk. He will have to stay at home every single day, he will have a lot of cognitive problems, but when we took my brother home, everybody, my family and everybody in the community started helping him and teaching him how to eat again, how to walk, helping him with the memory problem that he had and everybody was involved in the rehabilitation as part of our big family and I think it is very important. I think it's something that I haven't seen too much here in this country.