

## What are the Symptoms of Concussion, Especially in Children?

**Source:** Produced by Victoria Tilney McDonough and Brian King

**Video Link:** <http://www.brainline.org/content/multimedia.php?id=3222>

**Dr. Jane Gillett:** The symptoms of concussion can be quite varied. There can be a loss of consciousness for less than twenty minutes to no loss of consciousness, just being dazed.

Younger kids will complain of seeing stars, you've no memory of what happened. You're not really laying down memories for a period of time immediately afterwards, but not for more than twenty-four hours.

If it's more than twenty-four hours, it's more than a concussion. You can complain of headaches. You can often complain of dizziness, ringing in your ears, or tinnitus. You can have problems with sleep. You can have problems paying attention. You can be slower in processing information. You're more irritable and more angry. You get fatigue, and you get tired all the time, be it from physical activity or from mental activity. You just don't feel good. You don't feel yourself. Those are sort of the big ones for a concussion.